

Undeclared Students: EXPLORING HEALTH PROFESSIONS

WHAT KIND OF MAJOR? WHAT KIND OF HEALTH PROFESSION?

Health Professions includes many kinds of careers and directions and many majors across different Colleges at SDSU. Explore widely to consider the best fit for you. Consult with advisors in all the areas you are considering and use [Career Services](#) to learn more about each profession.

As a first step to explore any major, use the [MyMap](#) to see course requirements and course progression and run your degree evaluation “as if” you are in that major.

The School of Exercise and Nutritional Sciences offers degrees in Kinesiology, Food & Nutrition, and Athletic Training. Students who select these majors may be preparing for a career in physical therapy or numerous other [allied health careers](#).

The College of Sciences offers degrees in Biology, Chemistry, and Psychology that include many (but rarely all) of the classes required for medical, dental, or similar health professional schools.

Meet with advisers at the College of Sciences Student Success Center
<https://cosuccess.sdsu.edu/>

The Health Professions Advising Office (HPAO) assists students in every year at SDSU. In your first year connect to student groups, meet with mentors, learn more about the professions and the pathways to a competitive professional school application. Bio 250 is a 1-unit C/NC to support pre-professional exploration.

The Bachelor of Science in Public Health begins with PH101. Elect this or similar “intro” courses early so that you are exploring the entries to various majors.

The Bachelor of Science in Nursing is available only to direct admit and transfer students. Students can apply to the second bachelor’s degree in Nursing program.

Explore widely: SDSU offers degrees in related areas such as Social Work, Gerontology, and Health Communication.

WHAT DO I NEED TO KNOW FOR FALL REGISTRATION?

Preparing for Health Professional school after your bachelor’s degree involves completion of specific courses. You can have any major but must also meet the requirements for the type of professional school you wish to pursue.

- 1) Take Math Now! Majors in the sciences usually require calculus. Aim to take Math 150 (or Math 124) as soon as possible.
Learn More: [Calculus at SDSU](#) on the Department of Mathematics & Statistics website
Learn More: Understanding the [Mathematics Placement Assessment](#)
- 2) Learn the course sequence. STEM majors have specific prerequisite course sequences.
Learn More: Understanding the [Chemistry Placement Assessment](#)

Contact Undeclared Student Success studentsuccess@sdsu.edu, a part of Faculty Advancement and Student Success